



This course covers the fundamentals of Clinical Thai Bodywork, a modality developed by Chuck Duff that blends the ancient tradition of Thai yoga massage with the insights of Myofascial Trigger Point Therapy, acupoint work and analysis of body function.

CTB is highly effective in reducing or eliminating patterns of pain and restriction, often in cases that have failed conventional medical treatment. CTB gives the student specific tools to assess and design effective treatments for the most common client complaints.

In this course we will present the hallmarks of the CTB approach: Myofascial Trigger Point theory and practice, identifying and treating troubled muscle areas, muscle energy techniques, and guidelines for designing and modifying a traditional Thai treatment. We will teach a sampling of techniques and treatment protocols for specific pain issues.

WORKSHOP

CLINICAL THAI BODYWORK USING THAI MASSAGE TO TREAT PAIN & DYSFUNCTION

Thai experience necessary



NOVEMBER 8-9, 2010

INSTRUCTOR **Chuck Duff**

NCBTMB CE's: **15**

DAYS & TIMES **Monday: 9:30am-6pm**
Tuesday: 9:30am-6pm

COST **\$375**
\$340 register by October 25

LOCATION **Chicago School of Thai Massage**
141 W. Jackson Ste 750
Chicago, IL

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